BEFORE USE:

Please ensure you, and any persons that will assist you in its use, take the time to read, understand and follow the instructions in this user manual.

This product is intended to provide balance and support to individuals when standing and walking.

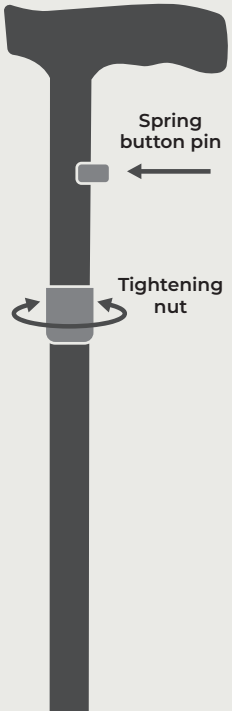
SPECIFICATIONS:

MIN/MAX HEIGHT	860-957MM
FERRULE SIZE (INTERNAL DIAMETER)	19.3MM
STICK DIAMETER	19MM
MAX USER WEIGHT	100KG
MAX/MIN OPERATING TEMPERATURE	-10°c/60°c
MATERIAL LIST	Carbon-fibre, Aluminium
OVERALL WEIGHT	260G

SETTING THE CORRECT WALKING STICK HEIGHT

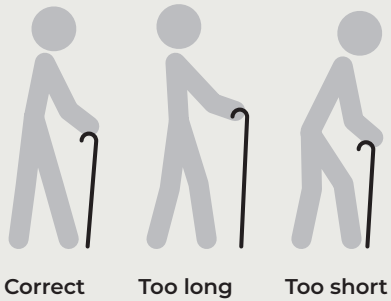
Setting the correct walking stick height is important to ensure you get the right support when walking.

1. Stand upright in the shoes you would normally wear, then place your arms naturally down by your side.
2. Position the walking stick by your side.
3. Loosen the walking stick's tightening nut.
4. Push and hold the spring button pin, then adjust the height of the walking stick so that the top of the handle is level with your wrist bone.
5. Secure the tightening nut once the walking stick handle is at the correct height.
6. Try the walking stick and ensure it is comfortable to use.



Using a walking stick at the incorrect height could result in wrist and back pain when walking for extended periods of time.

If the walking stick is uncomfortable when in use, readjust the walking stick until it is right for you.



PRODUCT CODE: **WA03020023**

SAFETY GUIDELINES:

- Only use the product for its intended use
- Do not use the walking stick on loose or slippery surfaces
- Do not allow children to play with or use the walking stick
- Do not use the walking stick if any components are broken or missing
- Beware of pinch points when adjusting and using the walking stick

If you are in rehabilitation training or have difficulty walking without a walking stick, consult a doctor or physical therapist before use.

3 YEAR WARRANTY

iCONNECT SIGMA

WALKING STICK INFORMATION GUIDE

CareCo

CareCo (UK) Limited,
1 Turing Court,
Great Notley,
Braintree,
CM77 7AT England.

2604-01

by CareCo

Learn more about your product

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