

CareCo

# SPIRIT

ROLLATOR

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Scan me on your  
phone camera  
to watch our  
assembly video.



USER MANUAL

PRODUCT CODE: WA02010041

## **INTRODUCING YOUR SPIRIT ROLLATOR**

The Spirit Rollator has been designed to enhance independence and confidence with every step. With a convenient folding mechanism that allows hassle-free, compact storage options and a spacious underseat bag, this rollator is the perfect aid for users with limited mobility

Due to CareCo's commitment to continuous product improvement, product information and designs are subject to change without notice. No claims can be made based on the data or illustrations in this user manual.

The latest/current version of this user manual is available on our website.



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Thank you for choosing CareCo.



This manual can be viewed in PDF format at the following URL: **[www.careco.co.uk](http://www.careco.co.uk)**

## BEFORE USE

Before you begin using your product, please ensure you, and any persons that may assist you in its use, take the time to read, understand and follow the instructions given within this manual carefully.

We recommend that you keep this user manual in a safe place for future reference.

If you have any questions about use, maintenance, or safety, please contact CareCo.

## KEY DEFINITIONS

This user manual contains warnings and suggestions marked with the following symbols:



**WARNING!** Highlights a potentially hazardous condition/situation for the user and/or product.



**SUGGESTION** General suggestions and advice for operating the product.

## Need help with assembly?

We've put together a step-by-step assembly guide to help you get your product set up safely and correctly. Just scan the QR code with your phone camera to play the video.



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**GETTING STARTED**

**CARTON CONTENTS**

ITEM NUMBER	DESCRIPTION	QUANTITY
1	Spirit Rollator Frame	1
2	Backrest	1
3	LHS Handle & Brake Assembly	1
4	RHS Handle & Brake Assembly	1
5	Star Knob & Bolt	2

Contact CareCo immediately if any of the listed contents are missing.

We strongly recommend that you keep the box and internal packaging for the duration of your warranty period.

**PRODUCT COMPONENTS**



- 1. Handle
- 2. Backrest
- 3. Seat
- 4. Bag
- 5. Front Wheel
- 6. Rear Wheel

## SETTING UP YOUR SPIRIT ROLLATOR



1. Remove all rollator components from the outer packaging and place them onto a level surface.
2. Push downwards on the underseat bar to open the rollator frame.



3. Insert the handle assemblies into the top of the rollator frame.
4. Secure the handles in place using the star knobs & bolts provided.





5. Insert the backrest bar into the bracket on the rollator frame.

An audible “click” will confirm the backrest is secure.



**SUGGESTION** If for any reason the rollator needs to be disassembled, use the set-up instructions as a guide to disassemble the rollator.

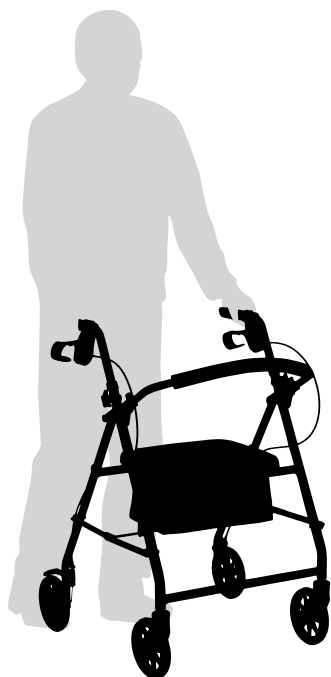
Ensure both handles are at the same height and are secure before use.



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## HOW TO USE YOUR ROLLATOR

### USER INSTRUCTIONS



#### WALKING POSITION

Walk with the rollator close to your body, face forwards and ensure your back is straight.

#### USER CONTROL

Hold the handles with a comfortable grip and allow your arms to sit naturally by your side.

### NEGOTIATING THRESHOLDS & OBSTACLES

Tilt the front of the rollator upwards when travelling over thresholds and small obstacles.

### SITTING & RESTING

Use the seat to rest when needed, ensuring the brakes have been applied and the rollator is on a flat, even surface.

**Do not use the product as a transportation device.**

### LIFTING & CARRYING

Grasp the handles or areas of the frame that are clear from pinch points, then lift with your legs.

Hold the rollator at a comfortable and manageable height when moving from one location to another.

## APPLYING THE BRAKES

### STOPPING

Gradually squeeze both brake levers to stop the rollator. Release the brake levers to start moving again.

### TURNING

Squeeze the left and right brake levers individually to rotate the rollator.

Release the brake lever to stop rotating.




### LOCKING


Push both brake levers downwards to apply the brake lock. An audible “click” will confirm the brakes are secure.

### UNLOCKING

Pull both brake levers upwards to unlock the brakes.



 **WARNING!** Ensure the rollator is stationary when locking the brakes.

 **SUGGESTION** Regularly test the brakes to ensure they function correctly.

## FOLDING & UNFOLDING



### FOLDING

1. Push both brake levers downwards to apply the brake lock.
2. Lift the seat upwards to reveal the bag contents.
3. Pull the folding strap upwards to fold the rollator.

(Optional) Fold the backrest upwards.



### UNFOLDING

1. Push downwards on the underseat bar to open the rollator frame.
2. Lower the seat.
3. Pull both brake levers upwards to unlock the brakes.



**WARNING!** Keep hands and body away from cross frame pivot to avoid possible pinch points.

## COMFORT ADJUSTMENTS

### HANDLE HEIGHT ADJUSTMENT

To set the correct handle height, stand upright behind the rollator with your arms by side. Adjust the height of the handgrips so they are level with the wrists.

1. Loosen the star knob by turning it anticlockwise, then remove the bolt.
2. Lift or lower handle to the desired height.
3. Reinsert the bolt into the handle bracket and secure using the star knob.

Repeat on the opposite side.



**WARNING!** Ensure both handles are at the same height and are secure before use.

## ACCESSORIES

### BACKREST


#### FOLDING

Raise the backrest to fold.

#### UNFOLDING

Lower the backrest to unfold.



 **WARNING!** Ensure the backrest is secure before using the rollator as a seat.

### BAG

#### ATTACHING

Loop the six bag straps over the frame bar and secure using the snap-on fasteners.

#### REMOVING

Undo the six snap-on fasteners and unloop the straps from the frame.



**MAX CARRY WEIGHT**  **5 KG**

## **TRANSPORTATION & STORAGE**

### **TRANSPORTATION**

Ensure the brakes have been applied and any accessories have been properly secured to avoid transit damage.

Fold the rollator then position it appropriately within the desired vehicle to prevent excess movement.

### **STORAGE**

Store the product in a cool and dry environment. Do not store in extreme temperatures.



**WARNING!** Storing the product in extreme temperatures can cause premature rusting & damage.

Do not place heavy objects on top of the rollator.

## LOOKING AFTER YOUR ROLLATOR

### CLEANING

To keep the rollator in optimal condition, it should be cleaned regularly with a damp cloth and/or mild soap. Do not use abrasive cleaners/materials.

Dry the rollator after cleaning and after use in bad weather conditions.

### MAINTENANCE

The rollator is made up of components which over time will become susceptible to wear and tear. Knowing how to properly care and maintain your product will not only ensure peak performance and safe operation but will also help maintain operation for years to come.

### MAINTENANCE SCHEDULE

Carry out regular inspections to keep the rollator in optimum condition.

COMPONENT	INSPECTION DESCRIPTION	AT ANY TIME	WEEKLY	MONTHLY	QUARTERLY
Tyres	Ensure tyres have sufficient tread and the wheels are in a good condition.				○
Framework	Ensure the framework is clear from debris, damage, and disassembles without issue.	○			
Fasteners	Ensure all fasteners are tight and components are not loose.				○
Upholstery	Check for wear and tear.		○		
Overall	Overall check for wear and residue build-up. Cleaning if required			○	

### REPAIRS

Certain rollator components can be repaired by the user with guidance provided by CareCo. Other components can only be repaired/replaced by a service technician.

If for any reason the rollator requires repair due to a defect, contact CareCo immediately.



## OTHER ADJUSTMENTS

### BRAKE CABLE ADJUSTMENT

#### Difficulty Level

**LOW**

Moderate

High



#### Tools Required

8mm Spanner x1

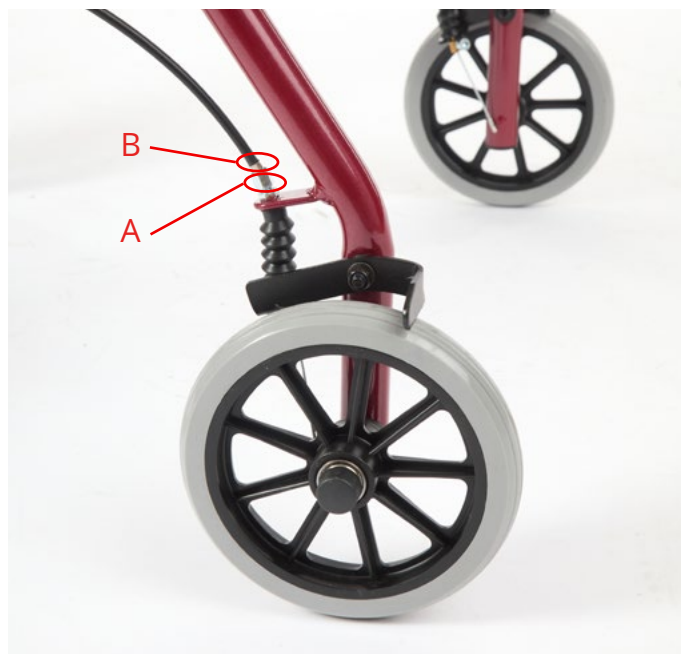
10mm Spanner x1

The user can adjust the brake cable using simple household tools.

Loosen the lock nut (A) by rotating it anticlockwise.

Adjust the brake cable tension by rotating the brake adjuster (B).

Tighten the lock nut (A) by rotating it clockwise.



## WARNINGS & TECHNICAL INFORMATION

### SPECIFICATIONS

OVERALL LENGTH (MM)	606
OVERALL WIDTH (MM)	610
OVERALL HEIGHT (MM)	786-915
MAXIMUM/MINIMUM HANDLE HEIGHT (MM)	786-915
FOLDED LENGTH (MM)	610
FOLDED WIDTH (MM)	280
FOLDED HEIGHT (MM)	1075
FRONT WHEEL DIAMETER (IN)	6
REAR WHEEL DIAMETER (IN)	6
CARRY WEIGHT (KG)	8.1
BAG MAX CARRY WEIGHT (KG)	5
WEIGHT OF HEAVIEST COMPONENT (KG)	8
WEIGHT CAPACITY (KG)	136
SEAT WIDTH (MM)	330
SEAT DEPTH (MM)	290
SEAT HEIGHT (MM)	40
TYRE TYPE	PVC
EXPECTED SERVICE LIFE (YEARS)	5

\*The maximum weight limit for this product includes both the user and any other accessories fitted.

## **PRODUCT REISSUING**

Ensure the product is safe and functions as intended before re-issuing.

## **RECYCLING & DISPOSAL**

Disposal or recycling of the rollator should be completed through an approved distributor or disposal facility. (Local disposal & recycling regulations may apply).

Alternatively, contact CareCo for advice on disposal.

## **MATERIAL**

### **UPHOLSTERY**

Foam, Nylon fabric, Sponge with PVC coating

### **PLASTIC**

Hand grip, Star knob, Brake house, Brake lever, Wheel caster, Front fork, Tube plugs, Cane holder

### **ALUMINIUM**

Push handle, Backrest tube, Cross bar

### **STEEL**

Mainframes, Bearings, Brake pad, Brake cable

## **PACKAGING**

Cardboard box, Low-density polythene bag, PE foam

## **INTENDED USE**

This product is intended for users who experience difficulty in walking and/or have reduced mobility.

## **INTENDED USER**

To aid a user with mobility limitations to move around safely.

## **INTENDED ENVIRONMENT**














This product is designed to be used both indoors and outdoors on firm, level ground. Take care when using the product in inclement weather conditions.

PRODUCT IDENTIFICATION

The product identification label is located on the cross-frame underneath the seat.



DEFINITIONS

	Model number		Refer to instruction manual
	Batch code		Caution
	Date of manufacturer		Indicates electrical / electronic equipment must be disposed of in accordance with the WEEE regulation
	Manufacturer's address		Keep away from rain
	Product expiry date		Keep away from sunlight
	UK responsible person		
	UKCA Mark		
	Non sterile		

## **GENERAL WARNINGS**

Read the following carefully to avoid damage and/or injury caused by improper operation.

- Only use the rollator for its intended use, incorrect use can lead to hazardous situations.
- Only use the rollator on even and solid surfaces.
- Do not overfill the product bag – Maximum load 5KG.
- Prolonged exposure to hot or cold temperatures can cause parts of the rollator to become hot or cold.
- Do not use the rollator as a transportation device.
- Replace damaged or significantly worn parts if and when required.
- Periodically test the brakes to ensure safe use.
- Do not sit on the rollator when on an incline or uneven ground.

## EXPECTED LIFETIME

The Expected Lifetime is the estimated period of time for which the rollator is expected to function according to its intended use.

Various items such as weight capacity, user behaviour, external conditions and intensity of use can affect the expected lifetime.

### WEIGHT CAPACITY:

If the user exceeds the weight limit specified, it may affect the trolley's expected lifetime.

### USER BEHAVIOUR:

Using excessive force, rough handling or dropping components can significantly shorten the rollator's expected lifetime.

### EXTERNAL CONDITIONS:

Extreme temperatures, humidity and exposure to harsh weather conditions can accelerate the deterioration of the rollator.

### USAGE:

A rollator that is used daily may experience more wear and tear compared to a rollator that is used occasionally.

The expected lifetime for the rollator is 5 years providing the instructions and information within this user manual are followed.

Regular cleaning, lubrication of moving parts, and tightening of loose fixings will prevent premature wear and damage and extend the product's lifetime.

The expected lifetime is not related to the product warranty.

## **WARRANTY**

If a component requires repair or replacement due to a specific manufacturing or material defect within its warranty period, it will be repaired or replaced free of charge by CareCo.

- **1-YEAR LIMITED WARRANTY**

Consumables are not covered under normal warranty circumstances unless they have clearly suffered excessive wear or damage as a direct result of a manufacturing defect. These items include grips, tyres, and rubber accessories.

The guarantee for the rollator is not transferable.

Parts that have been previously replaced that require subsequent repair or replacement due to manufacturing defects will be honoured for the remainder of the rollator's warranty period.

Parts that have been purchased by the end user after the original warranty period has expired have a warranty period of 12 months.

CareCo is not responsible if the rollator requires repair or replacement as a direct result of:

- Changes or modifications made to the product that fall outside of the manufacturer's specifications.
- The product not being serviced or maintained according to the manufacturer's recommendations contained in this user manual.
- Negligence, Accidental Damage, and Improper use.
- Repairs attempted before CareCo have been notified.
- The product being purposely damaged or mistreated.

In the unlikely event that this product is recalled, CareCo will notify the user.

Please ensure that your contact information is up to date.

Alternatively, please visit our website for any product alerts: [www.CareCo.co.uk](http://www.CareCo.co.uk)



**NOTES**



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