

CareCo

Z E S T

ROLLATOR

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Scan me on your phone camera to watch our assembly video.



USER MANUAL

PRODUCT CODE: WA02010038.AGN

INTRODUCTION

The CareCo Zest has been designed to enhance independence and confidence with every step.

With a convenient folding mechanism that allows hassle-free, compact storage options and a spacious underseat bag, this rollator is the perfect aid for users with limited mobility.

Due to CareCo's commitment to continuous product improvement, product information and designs are subject to change without notice.

No claims can be made based on the data or illustrations in this user manual.

READ BEFORE USE:

Before you begin using your rollator, please ensure you, and any persons that may assist you in its use, take the time to read, understand and follow the instructions given within this manual carefully. We recommend that you keep this user manual in a safe place for future reference.

If you have any questions about wheelchair use, maintenance, or safety, please contact CareCo:



CareCo (UK) Limited, 1 Turing Court,
Great Notley, Braintree, CM77 7AT

Tel: 0333 015 5000
www.CareCo.co.uk

Thank you for choosing CareCo.

Need help with assembly?

We've put together a step-by-step assembly guide to help you get your product set up safely and correctly. Just scan the QR code with your phone camera to play the video.



Visually impaired users can view this manual in PDF format at the following URL:
www.careco.co.uk


SAFETY INSTRUCTIONS

- Only use the rollator for its intended use, incorrect use can lead to hazardous situations.
- Only use the rollator on even and solid surfaces
- Do not overfill the product bag – Maximum load 5KG
- Prolonged exposure to hot or cold temperatures can cause parts of the rollator to become hot or cold.
- Replace damaged or significantly worn parts if and when required.
- Periodically test the brakes to ensure safe use.

PARTS DESCRIPTION



-
- | | |
|----------------|----------------|
| 1. Hand Grip | 5. Frame |
| 2. Brake | 6. Front Wheel |
| 3. Backrest | 7. Rear Wheel |
| 4. Storage Bag | |

 **MAXIMUM CARRY
BAG LOAD: 5 KG**

UNPACKING

Remove all outer packaging before placing components on a level surface.

Contact CareCo immediately if any parts are missing from the product box.



PRODUCT IDENTIFICATION

The product identification label is located on the cross-frame underneath the seat.

ASSEMBLY

Place the rollator upright on its wheels.

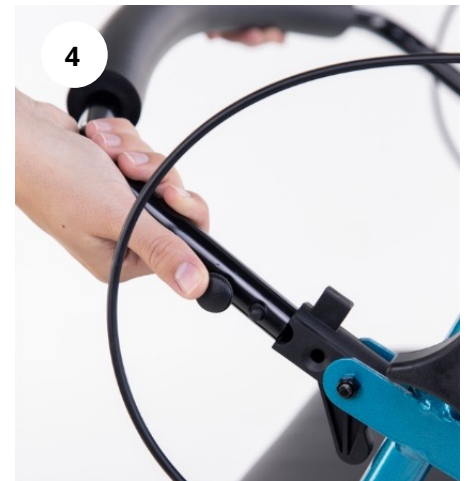
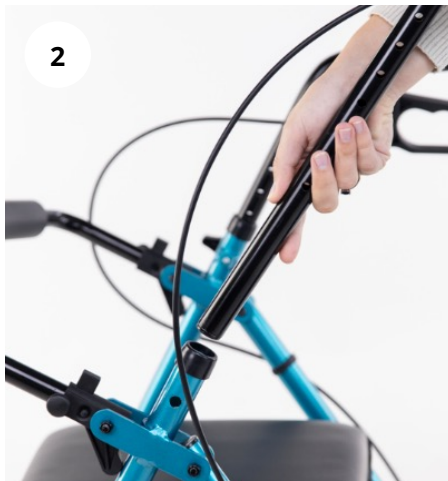
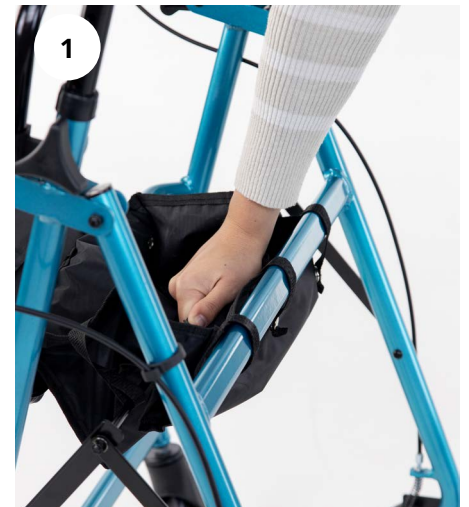
Push downwards on the central bar to open the rollator (1).

Insert the handle tube into the frame (2) and secure using the triangular knob provided (3).

Repeat on the other side.

Insert the backrest into the frame brackets (4).

An audible "click" will confirm the backrest is secure.



DISASSEMBLY

Reverse the assembly instructions and use them as a guide to disassemble the rollator.

HANDLE HEIGHT ADJUSTMENT



To set the correct handle height, stand upright behind the rollator with arms by side. Adjust the height of the hand grips so they are level with the users' wrists.

Loosen the triangular knob by turning it anticlockwise before removing it from the bracket.

Lift or lower handle to the desired height

Reinsert the triangular knob into the handle bracket and tighten by turning it clockwise

Repeat on the opposite side



Ensure both handles are level before using the rollator.

APPLYING THE BRAKES

STOPPING

Gradually squeeze both brake levers to stop the rollator.

Release the brake levers to start moving again.

TURNING

Squeeze the left and right brake levers individually to rotate the rollator.

Release the brake lever to stop rotating.

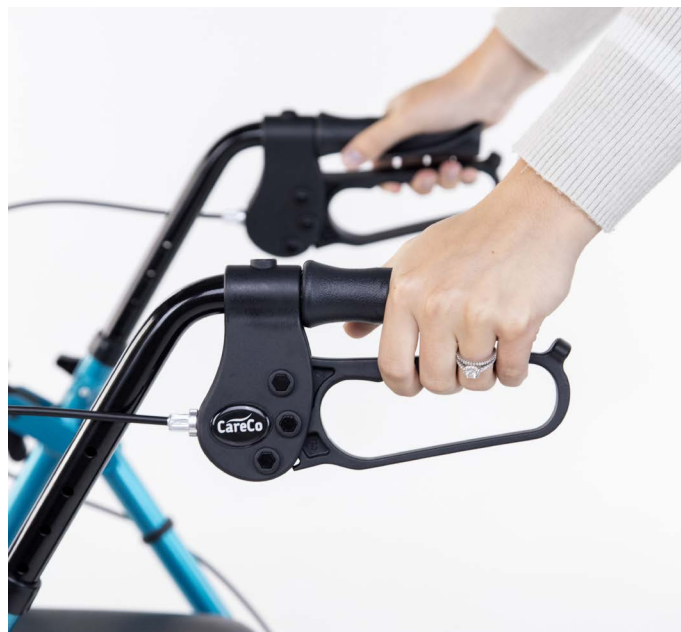
LOCKING

Push both brake levers downwards to apply the brake lock.

An audible “click” will confirm the brakes are secure.

UNLOCKING

Pull both brake levers upwards to unlock the brakes.



Ensure the rollator is stationary when locking the brakes.
Regularly test the brakes to ensure they function correctly.

FOLDING



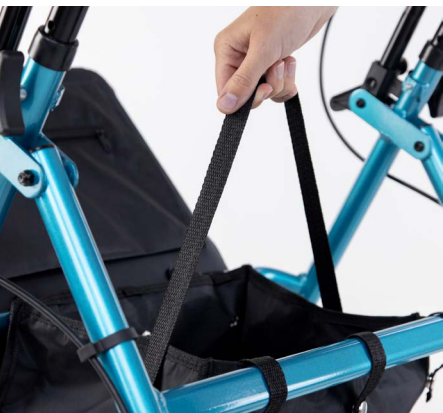
Push both brake levers downwards to apply the brake lock.



Lift the backrest upwards to fold the backrest.



Lift the seat upwards to reveal the bag contents.



Pull the folding strap upwards to fold the rollator.

UNFOLDING



Push downwards on the central bar to open the rollator



Lower the seat



Unfold the backrest.



Pull both brake levers upwards to unlock the brakes.



Keep hands and body away from cross frame pivot to avoid possible pinch points.
Ensure the rollator is secure before use.

BACKREST



ATTACHING

Secure the backrest to the frame by locating the button spring clips into the bracket.



REMOVING

Remove the backrest by pressing the button spring clips and pulling the backrest upwards.

FOLDING

Raise the backrest to fold.

UNFOLDING


Lower the backrest to unfold.



Ensure the backrest is secure before using the rollator as a seat.

SITTING

Ensure the rollator is on a flat and even surface and the locking brakes are applied.

 Do not use the product as a transportation device.

HANDLING & TRANSPORTING

Carry the rollator using the rubber handles and/or areas of the frame that are clear of pinch points.

BAG ACCESSORY

ATTACHING

Lift the seat upwards to reveal the bag contents.

Loop the eight bag straps over the frame bar and secure using the snap on fasteners.

REMOVING

Lift the seat upwards to reveal the bag contents.

Undo the eight snap on fasteners and unloop the straps from the frame.

Secure the backrest to the frame by locating the button spring clips into the bracket.

CLEANING & HYGIENE

To keep the rollator in optimal condition, it should be cleaned regularly with a damp cloth and/or mild soap. Do not use abrasive cleaners/materials.

Dry the rollator after cleaning and after use in bad weather conditions.

MAINTENANCE

By performing simple maintenance, the user can extend the life expectancy of the rollator.

- Check fasteners regularly and tighten if necessary
- Check tyre condition regularly
- Check brake functionality
- Check wheels move freely
- Check upholstery for wear

ADJUSTMENTS

BRAKE CABLE ADJUSTMENT

Difficulty Level



Tools Required

8mm Spanner, 10mm Spanner

The user can adjust the brake cable using simple household tools.

Loosen the lock nut (A) by rotating it anticlockwise.

Adjust the brake cable tension by rotating the brake adjuster (B).

Tighten the lock nut (A) by rotating it clockwise.



SPECIFICATIONS

Length (mm)	624
Width (mm)	615
Height (mm)	777 ~ 932
Height adjustable range (mm)	777 ~ 932
Seat height (mm)	525+/-1 (front) and 528+/-1 (rear)
Seat thickness (mm)	40
Seat width (mm)	346
Seat depth (mm)	316
Folded width (mm)	180
Folded length (mm)	615
Folded height (mm)	775
Hand grip to hand grip distance (mm)	443+/-1
Net weight (kg)	5.9
Gross weight (kg)	7
Weight capacity (kg)	136
Rear wheel size (mm)	152.4 (6")
Front wheel size (mm)	152.4 (6")
Max user weight (kg)	136
Frame material	Aluminium
Wheel material	PP rim + PVC tire
Handle material	PVC
Suspension	No
Bag depth (mm)	150+/-0.2
Bag width (mm)	215+/-0.2
Bag length (mm)	325+/-0.2
Max carry bag load (kg)	5

RECYCLING & DISPOSAL

Disposal or recycling of the rollator should be completed through an approved distributor or disposal facility. (Local disposal & recycling regulations may apply)

Alternatively, contact CareCo for advice on disposal.

Materials:

Packaging:

- Cardboard Box
- Low-density polythene bag
- PE foam

Upholstery:

- Foam
- Nylon fabric
- Sponge with PVC coating

Plastic:

- Hand grip
- Star knob
- Brake house
- Brake lever
- Wheel caster
- Front fork
- Tube plugs
- Cane holder

Aluminium:

- Mainframes
- Push handle
- Detachable leg tube
- Backrest tube
- Cross bar

Steel:

- Bearings
- Brake pad
- Brake cable

INTENDED USE

To provide additional stability and support to users whilst walking.

INTENDED USER

To aid any user with mobility limitations to walk independently and safely.

INTENDED ENVIRONMENT

This product is intended for use both indoors and outdoors on flat, firm surfaces.

EXPECTED LIFETIME

The Expected Lifetime is the estimated period of time for which the rollator is expected to function according to its intended use.

Various items such as weight capacity, user behaviour, external conditions and intensity of use can affect the expected lifetime.

Weight Capacity:

If the user exceeds the weight limit specified, it may affect the rollator expected lifetime.

User Behaviour:

Using excessive force, rough handling or dropping the product significantly shorten the rollator's expected lifetime.

External Conditions:

Extreme temperatures, humidity and exposure to harsh weather conditions can accelerate the deterioration of the rollator.

Usage:

A rollator that is used daily may experience more wear and tear compared to a rollator that is used occasionally.

The expected lifetime for the rollator is 10 years providing the instructions and information within this user manual are followed.

Regular cleaning, lubrication of moving parts, and tightening of loose fixings will prevent premature wear and damage and extend the product's lifetime.

The expected lifetime is not related to the product warranty.

WARRANTY

If a component requires repair or replacement due to a specific manufacturing or material defect within its warranty period, it will be repaired or replaced free of charge by CareCo.

- 1-YEAR LIMITED WARRANTY

Consumables are not covered under normal warranty circumstances unless they have clearly suffered excessive wear or damage as a direct result of a manufacturing defect. These items include grips, tyres, and rubber accessories.

The guarantee for the rollator is not transferable.

Parts that have been previously replaced that require subsequent repair or replacement due to manufacturing defects will be honoured for the remainder of the rollator's warranty period.

Parts that have been purchased by the end user after the original warranty period has expired have a warranty period of 12 months.


CareCo is not responsible if the rollator requires repair or replacement as a direct result of:

- Changes or modifications made to the product that fall outside of the manufacturer's specifications
- The product not being serviced or maintained according to the manufacturer's recommendations contained in this user manual.
- Negligence, Accidental Damage, and Improper use
- Repairs attempted before CareCo have been notified
- The product being purposely damaged or mistreated

In the unlikely event that this product is recalled, CareCo will notify the user.

Please ensure that your contact information is up to date.



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Great Notley, Braintree, CM77 7AT, England

 MD ROLLATOR

 UK
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